



2025

CALENDAR

Virtuale è reale Virtual is real

È UN DISEGNO
BELLISSIMO



**Dico o scrivo in rete solo cose che
ho il coraggio di dire di persona**

**I say and write online only things I have the
courage to say in person.**



2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

NOTES

JANUARY

2025



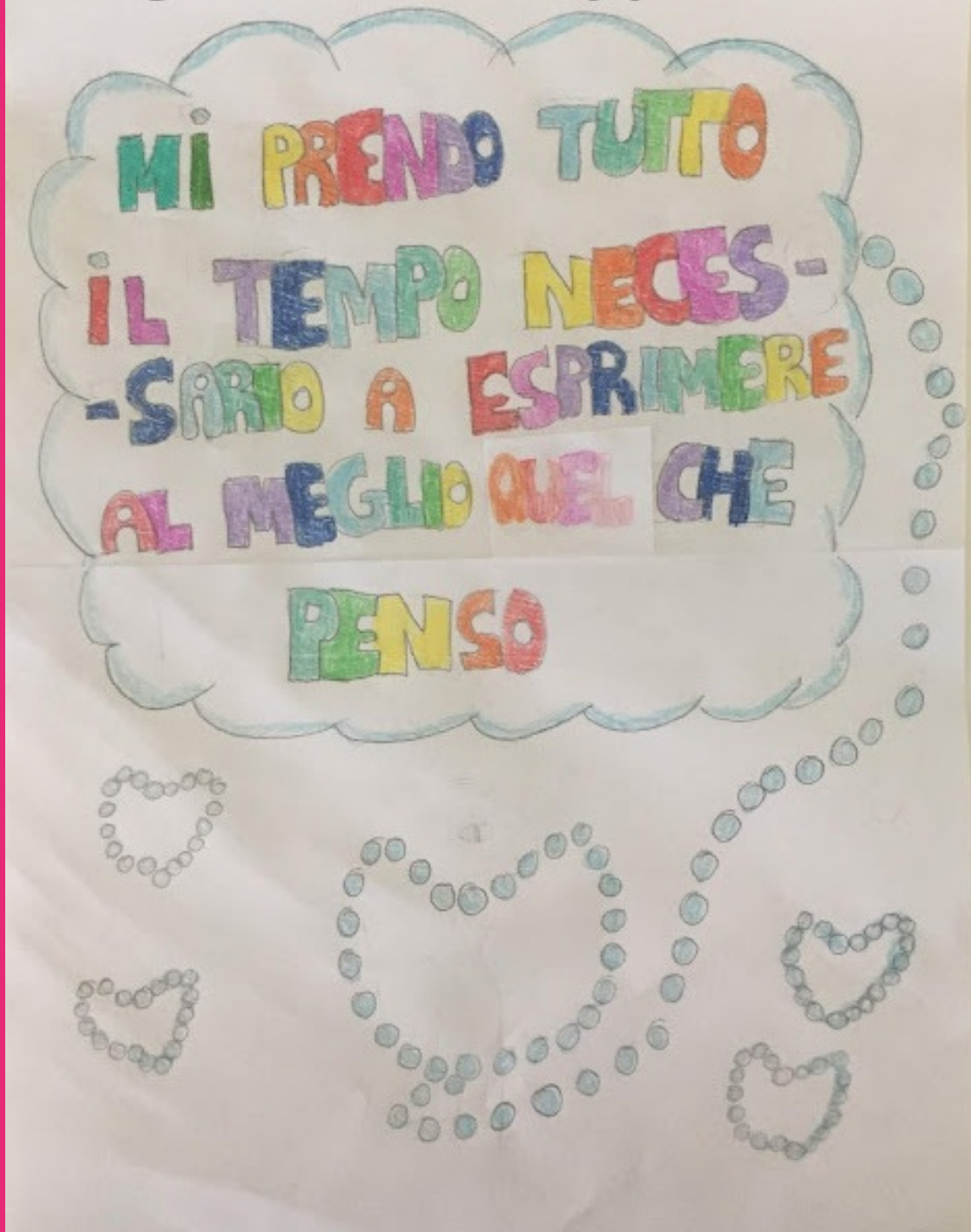
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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NOTES



FEBRUARY

Words shape thought.
I take all the time I need to express my
thoughts in the best way possible.



MARCH



2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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NOTES

2025



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NOTES

**Before speaking, you must listen.
No one is always right, not even me. I
listen with honesty and openness.**

4 PRIMA DI PARLARE

BISOGNA ASCOLTARE

NESSUNO HA SEMPRE RAGIONE, NEANCHE IO.

ASCOLTO CON ONESTÀ E APERTURA.



APRIL



2025

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NOTES

MAY

RULE 5:
Words are bridges. I choose words to understand, make myself understood and get close to others.

2025



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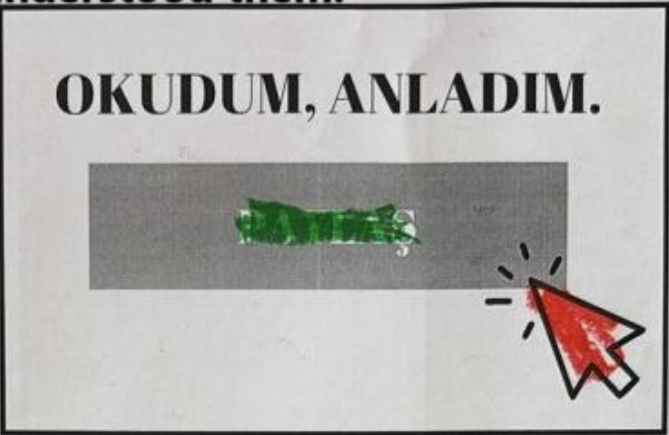


Words have consequences
I know that every word I say can
have consequences, big or small.

JUNE

7. Share with care

I share text and images only after I have read, assessed and understood them.



JULY



2025

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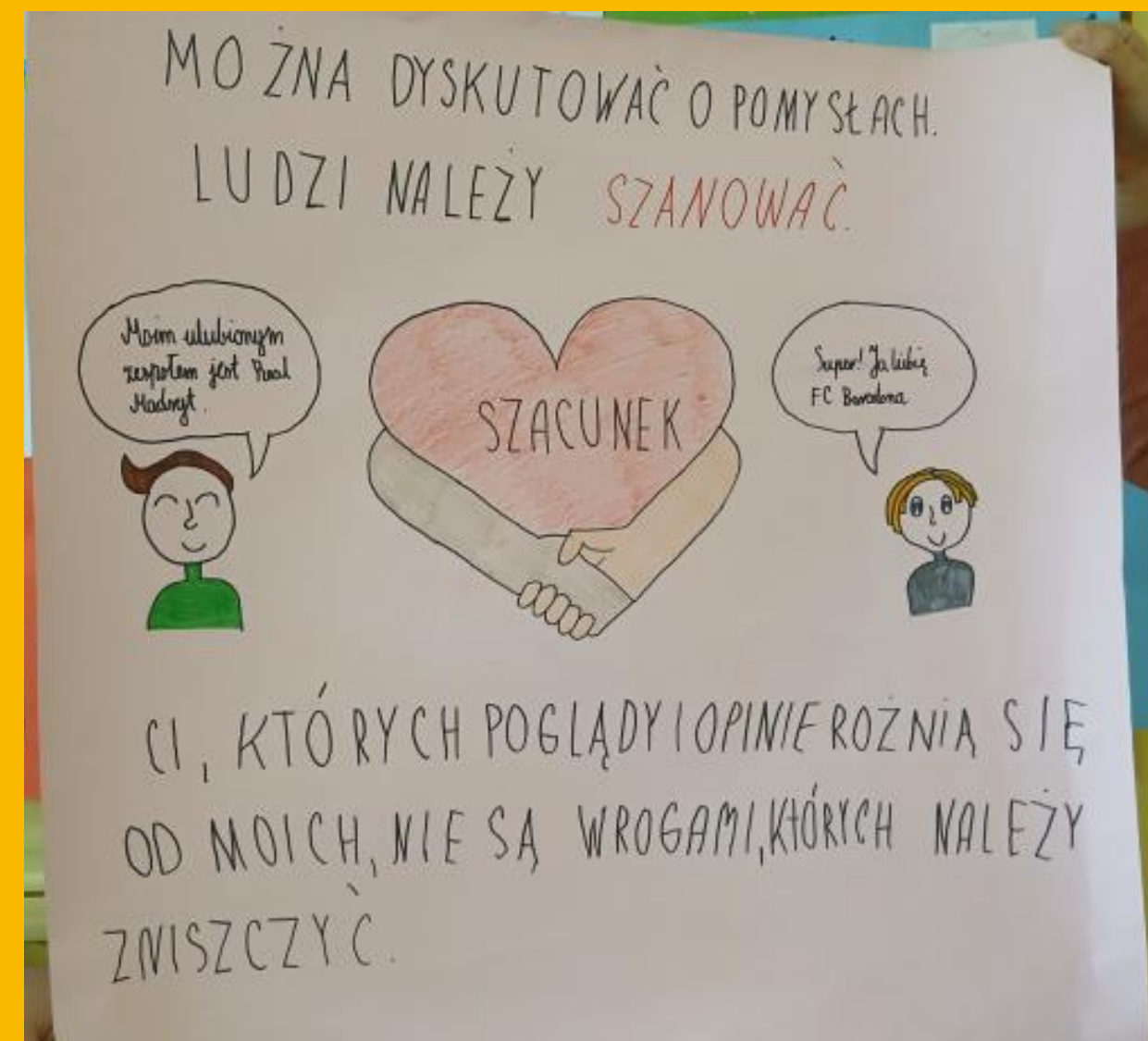
NOTES

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NOTES



**8. Ideas can be discussed.
People must be respected.**

AUGUST



Insults are not arguments.
I do not accept insults or aggression, not
even in favor of my thesis.

SEPTEMBER



2025

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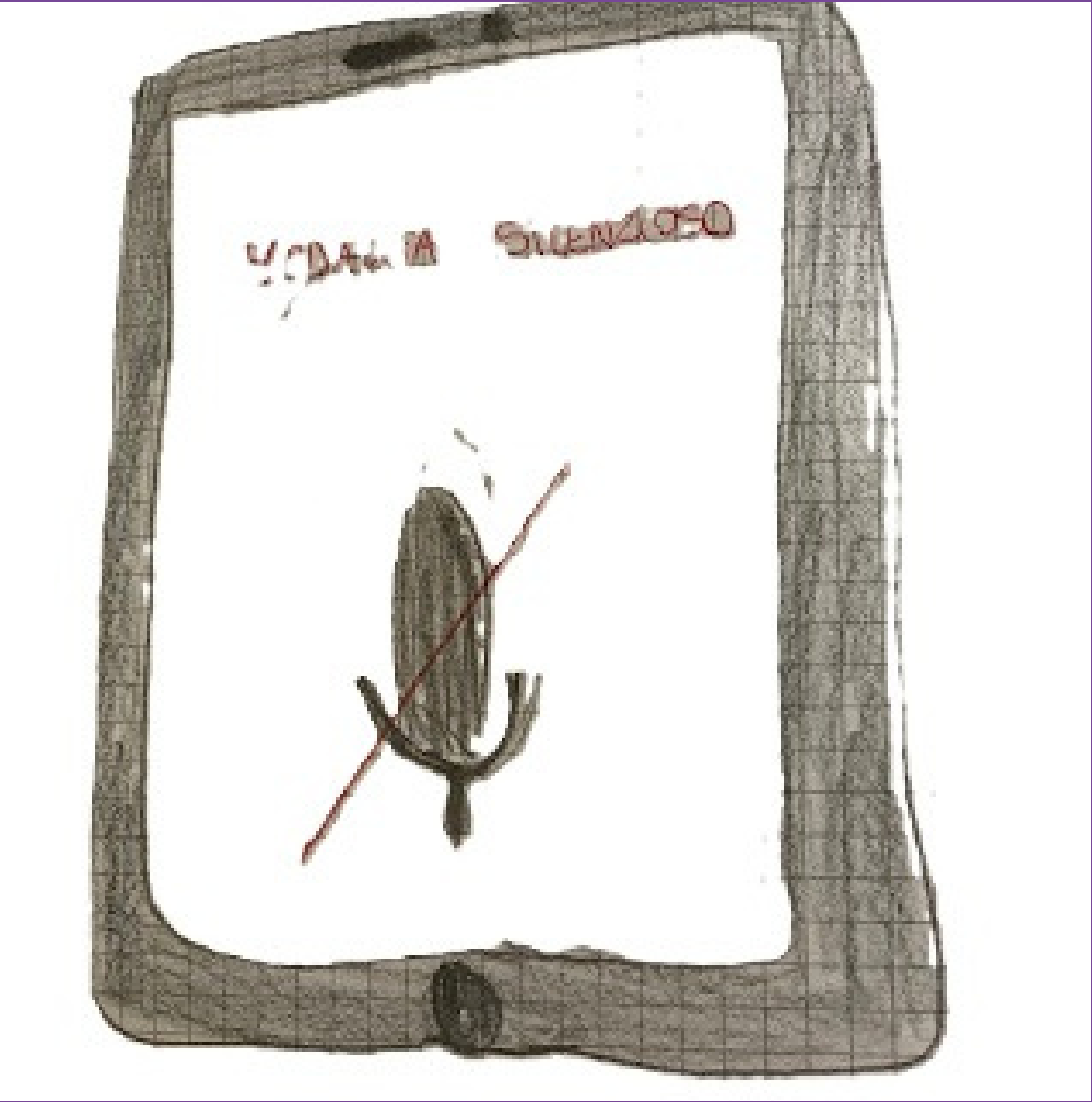
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NOTES



Silence says something too

OCTOBER



ALU 101
Güvenli İnternet
Güvenli Hayat



Güvenli
internet

Güvenli
hayat

SAFE INTERNET - SAFE LIFE



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NOVEMBER

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NOTES



Do not chat with strangers

DECEMBER