

Reflecting on my experience in France, I can confidently say that I learned a lot about the country's people, culture, and way of life. Even though the project lasted for only five days, I was able to gain valuable insights into the French way of life. The ecological aspect of the project was particularly interesting. I really enjoyed the action of cleaning up the world and being part of an effort to create a cleaner and more sustainable environment. Visiting Perpignan and traveling around the area was also a highlight of my trip. However, some of the workshops and presentations were not as informative as I had hoped. They covered topics related to climate change and ecology that I was already familiar with. Despite this, I had an enriching experience overall. The French breakfasts were a personal favorite of mine, and I enjoyed the activities that allowed us to discover Perpignan and visit the aquarium. However, I was a little disappointed that we had so little time to explore the city, given the fact that it has so much to offer. I believe that a more structured program, perhaps combining workshops and presentations with French cultural experiences, would have been ideal. During the project, I had the opportunity to attend many workshops and presentations and work on the project covering the topic of carbon footprint. I also worked in a group, which allowed me to learn a lot about teamwork and collaboration. Additionally, we went on a few hikes and saw some mountains, which was a welcome break from the workshops and presentations. Overall, I am grateful for the experience and the opportunity to learn about France and its culture, as well as the importance of sustainability and environmental responsibility. Merci beaucoup